
R E S U L T A T - L I S T E

Stevne : Klubbstevne Høst 2011

Arrangør : LS&LK

Denne listen er produsert av: [KOBHEN v.2](#)

Øvelse 1 200 Fri K

| | | | | | |
|------|-------------------------|-------|----|---------|---|
| 1997 | 1 Marie Røstad | LS&LK | 97 | 2.50.16 | 0 |
| | 2 Ingrid Røstad Brøndbo | LS&LK | 97 | 3.14.87 | 0 |

Øvelse 2 200 Fri M

| | | | | | |
|------|----------------------|-------|----|---------|---|
| 1995 | 1 Andreas Berg | LS&LK | 95 | 2.29.19 | 0 |
| 1997 | 1 Lars Morten Stjern | LS&LK | 97 | 3.14.46 | 0 |
| 1999 | 1 Odin Hov Stokke | LS&LK | 99 | 3.00.38 | 0 |

Øvelse 3 50 Fri K

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|------|---------------------------|-------|----|---------|---|
| CC | 1 Anna By Sørheim | LS&LK | 95 | 1.08.25 | 0 |
| 1997 | 1 Marie Røstad | LS&LK | 97 | .33.78 | 0 |
| 1999 | 1 Emily Diaz Bull | LS&LK | 99 | .40.44 | 0 |
| | 2 Ida Marie Duvsete | LS&LK | 99 | .41.38 | 0 |
| 2000 | 1 Ingrid Wikdahl | LS&LK | 00 | .40.84 | 0 |
| | 2 Ronja Hallem | LS&LK | 00 | .44.50 | 0 |
| 2002 | 1 Maria Clara Olsen Roman | LS&LK | 02 | .52.53 | 0 |

Øvelse 4 50 Fri M

| | | | | | |
|------|--------------------------|-------|----|--------|---|
| 1995 | 1 Andreas Berg | LS&LK | 95 | .28.38 | 0 |
| 1997 | 1 Johan Rasmussen | LS&LK | 97 | .30.31 | 0 |
| | 2 Johan Røstad Brøndbo | LS&LK | 97 | .32.59 | 0 |
| | 3 Jens Kjeldstad Salater | LS&LK | 97 | .35.16 | 0 |
| | 4 Lars Morten Stjern | LS&LK | 97 | .38.50 | 0 |
| 1999 | 1 Odin Hov Stokke | LS&LK | 99 | .37.15 | 0 |
| 2000 | 1 Brage Børstad | LS&LK | 00 | .39.25 | 0 |
| | 2 Christopher Rauhut | LS&LK | 00 | .46.78 | 0 |

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|------|-------------------|-------|----|---------|---|
| 2001 | 1 Erlend Stjern | LS&LK | 01 | 1.11.72 | 0 |
| | 1 Jonas Bergsmyr | LS&LK | 01 | .51.44 | 0 |
| 2002 | 1 Jørgen Duvsethe | LS&LK | 02 | 1.06.28 | 0 |
| | 1 Nicklas Rauhut | LS&LK | 02 | .52.94 | 0 |

Øvelse 5 100 Rygg K

| | | | | | |
|------|-------------------------|-------|----|---------|---|
| 1997 | 1 Marie Røstad | LS&LK | 97 | 1.35.97 | 0 |
| | 2 Ingrid Røstad Brøndbo | LS&LK | 97 | 1.39.28 | 0 |

Øvelse 6 100 Rygg M

| | | | | | |
|------|--------------------------|-------|----|---------|---|
| 1995 | 1 Andreas Berg | LS&LK | 95 | 1.31.44 | 0 |
| 1997 | 1 Jens Kjeldstad Salater | LS&LK | 97 | 1.37.94 | 0 |
| | 2 Lars Morten Stjern | LS&LK | 97 | 1.41.01 | 0 |
| 1999 | 1 Odin Hov Stokke | LS&LK | 99 | 1.40.10 | 0 |

Øvelse 7 50 Bryst K

| | | | | | |
|------|---------------------------|-------|----|-----------|---|
| 1997 | 1 Marie Røstad | LS&LK | 97 | .44.32 | 0 |
| 1999 | 1 Emily Diaz Bull | LS&LK | 99 | .46.47 | 0 |
| | 2 Ida Marie Duvsete | LS&LK | 99 | .54.88 | 0 |
| 2000 | 1 Ronja Hallem | LS&LK | 00 | .56.37 | 0 |
| | 2 Ingrid Wikdahl | LS&LK | 00 | .59.22 | 0 |
| 2002 | 1 Kine Nordahl Salater | LS&LK | 02 | 1.20.82 | 0 |
| | 1 Malin Rundgreen Iversen | LS&LK | 02 | 1.26.87 | 0 |
| | 1 Maria Clara Olsen Roman | LS&LK | 02 | 1.12.56 | 0 |
| 2003 | 1 Emma Halvorsen Karlsen | LS&LK | 03 | Ikke møtt | 0 |

Øvelse 8 50 Bryst M

| | | | | | |
|------|------------------------|-------|----|---------|---|
| 1995 | 1 Andreas Berg | LS&LK | 95 | .40.94 | 0 |
| 1997 | 1 Johan Røstad Brøndbo | LS&LK | 97 | .44.10 | 0 |
| | 2 Lars Morten Stjern | LS&LK | 97 | .55.00 | 0 |
| 1999 | 1 Odin Hov Stokke | LS&LK | 99 | .47.06 | 0 |
| 2000 | 1 Brage Børstad | LS&LK | 00 | .51.22 | 0 |
| | 2 Christopher Rauhut | LS&LK | 00 | 1.09.44 | 0 |
| 2001 | 1 Erlend Stjern | LS&LK | 01 | 1.37.47 | 0 |
| 2002 | 1 Jørgen Duvsethe | LS&LK | 02 | 1.13.22 | 0 |
| | 1 Nicklas Rauhut | LS&LK | 02 | 1.07.81 | 0 |

Øvelse 10 100 Fri K

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|------|------------------|-------|----|---------|---|
| 1997 | P 1 Marie Røstad | LS&LK | 97 | 1.19.15 | 0 |
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|------|---|-------------------------|-------|----|---------|---|
| | | 2 Ingrid Røstad Brøndbo | LS&LK | 97 | 1.27.53 | 0 |
| 1999 | P | 1 Emily Diaz Bull | LS&LK | 99 | 1.33.00 | 0 |
| | | 2 Ida Marie Duvsete | LS&LK | 99 | 1.36.47 | 0 |
| 2000 | P | 1 Ingrid Wikdahl | LS&LK | 00 | 1.31.03 | 0 |
| | | 2 Ronja Hallem | LS&LK | 00 | 1.44.28 | 0 |

Øvelse 11 100 Fri M

| | | | | | | |
|------|---|------------------------|-------|----|---------|---|
| 1995 | P | 1 Andreas Berg | LS&LK | 95 | 1.05.18 | 0 |
| 1997 | P | 1 Johan Røstad Brøndbo | LS&LK | 97 | 1.18.59 | 0 |
| | | 2 Lars Morten Stjern | LS&LK | 97 | 1.33.41 | 0 |
| 1999 | P | 1 Odin Hov Stokke | LS&LK | 99 | 1.25.56 | 0 |
| 2000 | P | 1 Christopher Rauhut | LS&LK | 00 | 1.55.35 | 0 |
| 2001 | | 1 Erlend Stjern | LS&LK | 01 | 3.43.65 | 0 |

Øvelse 12 25 Fri K

| | | | | | | |
|------|---|---------------------------|-------|----|-----------|---|
| 1992 | P | 1 Sara Hammer | LS&LK | 92 | .13.84 | 0 |
| 1997 | P | 1 Marie Røstad | LS&LK | 97 | .15.50 | 0 |
| 1999 | P | 1 Emily Diaz Bull | LS&LK | 99 | .17.41 | 0 |
| | | 2 Ingunn Johansen | LS&LK | 99 | .19.40 | 0 |
| | | 3 Inga Marie Heggli | LS&LK | 99 | .31.31 | 0 |
| 2000 | P | 1 Ingrid Wikdahl | LS&LK | 00 | .18.41 | 0 |
| | | 2 Ronja Hallem | LS&LK | 00 | .20.00 | 0 |
| 2002 | | 1 Malin Rundgreen Iversen | LS&LK | 02 | .38.34 | 0 |
| 2003 | | 1 Emma Halvorsen Karlsen | LS&LK | 03 | Ikke møtt | 0 |

Øvelse 13 25 Fri M

| | | | | | | |
|------|---|--------------------------|-------|----|-----------|---|
| 1995 | P | 1 Andreas Berg | LS&LK | 95 | .12.16 | 0 |
| 1997 | P | 1 Jens Kjeldstad Salater | LS&LK | 97 | .15.88 | 0 |
| | | 2 Lars Morten Stjern | LS&LK | 97 | .17.25 | 0 |
| 1999 | P | 1 Odin Hov Stokke | LS&LK | 99 | .17.13 | 0 |
| 2000 | P | 1 Christopher Rauhut | LS&LK | 00 | .21.56 | 0 |
| 2001 | | 1 Erlend Stjern | LS&LK | 01 | .31.82 | 0 |
| | | 1 Jonas Bergsmyr | LS&LK | 01 | Ikke møtt | 0 |
| 2002 | | 1 Jørgen Duvsethe | LS&LK | 02 | .28.69 | 0 |
| | | 1 Nicklas Rauhut | LS&LK | 02 | .22.97 | 0 |
| 2003 | | 1 Einar Buran Langåssve | LS&LK | 03 | .30.97 | 0 |
| 2005 | | 1 Sebastian Rauhut | LS&LK | 05 | .53.63 | 0 |

Øvelse 14 200 Bryst K

| | | | | | | |
|------|---|-------------------------|-------|----|---------|---|
| 1997 | P | 1 Marie Røstad | LS&LK | 97 | 3.28.38 | 0 |
| | | 2 Ingrid Røstad Brøndbo | LS&LK | 97 | 3.39.00 | 0 |
| 1999 | P | 1 Emily Diaz Bull | LS&LK | 99 | 3.47.12 | 0 |

Øvelse 15 200 Bryst M

| | | | | | | |
|------|---|------------------------|-------|----|---------|---|
| 1995 | P | 1 Andreas Berg | LS&LK | 95 | 3.20.63 | 0 |
| 1997 | P | 1 Johan Røstad Brøndbo | LS&LK | 97 | 3.33.03 | 0 |
| | | 2 Lars Morten Stjern | LS&LK | 97 | 4.21.75 | 0 |
| 1999 | P | 1 Odin Hov Stokke | LS&LK | 99 | 3.32.72 | 0 |

Øvelse 16 50 Rygg K

| | | | | | | |
|------|---|-------------------------|-------|----|---------|---|
| CC | P | 1 Anna By Sørheim | LS&LK | 95 | 1.06.59 | 0 |
| 1997 | P | 1 Marie Røstad | LS&LK | 97 | .44.85 | 0 |
| | | 2 Ingrid Røstad Brøndbo | LS&LK | 97 | .47.41 | 0 |

Øvelse 17 50 Rygg M

| | | | | | | |
|------|---|--------------------------|-------|----|---------|---|
| 1995 | P | 1 Andreas Berg | LS&LK | 95 | .37.47 | 0 |
| 1997 | P | 1 Jens Kjeldstad Salater | LS&LK | 97 | .44.31 | 0 |
| | | 2 Lars Morten Stjern | LS&LK | 97 | .45.90 | 0 |
| 1999 | P | 1 Odin Hov Stokke | LS&LK | 99 | .45.78 | 0 |
| 2000 | P | 1 Christopher Rauhut | LS&LK | 00 | .57.06 | 0 |
| 2001 | | 1 Erlend Stjern | LS&LK | 01 | 1.21.12 | 0 |
| 2002 | | 1 Nicklas Rauhut | LS&LK | 02 | 1.07.78 | 0 |

Øvelse 18 100 IM K

| | | | | | | |
|------|---|-------------------------|-------|----|---------|---|
| 1992 | P | 1 Sara Hammer | LS&LK | 92 | 1.25.09 | 0 |
| 1997 | P | 1 Marie Røstad | LS&LK | 97 | 1.30.96 | 0 |
| | | 2 Ingrid Røstad Brøndbo | LS&LK | 97 | 1.37.75 | 0 |

Øvelse 19 100 IM M

| | | | | | | |
|------|---|------------------------|-------|----|---------|---|
| 1976 | P | 1 Arne Anonym | LS&LK | 76 | 1.23.06 | 0 |
| 1995 | P | 1 Andreas Berg | LS&LK | 95 | 1.16.50 | 0 |
| 1997 | P | 1 Johan Røstad Brøndbo | LS&LK | 97 | 1.32.25 | 0 |
| | | 2 Lars Morten Stjern | LS&LK | 97 | 1.49.72 | 0 |
| 1999 | P | 1 Odin Hov Stokke | LS&LK | 99 | 1.38.22 | 0 |